

Apple Spice A-Lotta-Lishus Cupcake

Nutrition Facts

Serving Size: One (134g)

Servings Per Container: 1

Amount Per Serving

Calories 510 Calories from Fat 200

% Daily Value*

Total Fat 22g **34%**

Saturated Fat 10g **50%**

Trans Fat 0.5g

Cholesterol 65mg **22%**

Sodium 115mg **5%**

Total Carbohydrate 68g **23%**

Dietary Fiber 3g **12%**

Sugars 24g

Protein 9g

Vitamin A 10% • Vitamin C 10%

Calcium 2% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: ALL PURPOSE FLOUR, GRANULATED SUGAR, UNSALTED BUTTER, GRATED APPLES, CHOPPED WALNUTS, EGGS, BAKING SODA, CINNAMON, GROUND NUTMEG

CONTAINS: MILK, EGG, WHEAT, WALNUT

CREATE YOUR CUPCAKE LLC.

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